

# Annual Report

**FY 2022**

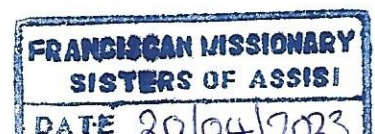
*“Growth and Nutrition Development” Support and Reinforcement of Nutritional  
Centers of the Copperbelt Region – Zambia*



**LIBERATO  
ZAMBIA 2001  
ONLUS**

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The 2022 Annual Report is outline in five parts. -

❖ **Part One** - is the Introduction

The Growth and Nutrition Development project is the project that support and reinforce of the Nutrition Centres of the copperbelt Region of – Zambia. The project is been overseen by Franciscan Missionary Sisters of Assisi. “Libaroto Zambia 2001 ONLUS” is the promoter and the financier. In the year 2022 the project was carried out in 8 Nutritional Centres weekly according to the time table with local nurses visiting the centres to perform the programs.

The following where the centres managed ; Fisenge , St Maximillian, Butungwa, Walale, Chibote, Kawama, St Theresa (Mazzieri) and Dagama respectively. The hospitals provide primary health care services to mitigate malnutrition. These services provided include among other things like growth Monitoring and Nutrition, apart from these Franciscan Sisters in Luanshya with support from Liberato Zambia 2001 ONLUS’ they provided **Ready to Use Therapeutic** feeds which are locally made from Luanshya Popularly known as {Yola Yoli}

- ❖ **Part Two** - is the programme profile, highlighting the general overview of growth and nutrition development project which includes support and reinforcements. It also includes the current staff levels and utilization rates.
- ❖ **Part Three**; is the situation analysis and the millstones the project scored in the year 2022
- ❖ **Part four** is looking at some of the challenges and success stories scored in the year.



### 1.1 Mission Statement

To provide leadership on food and nutrition matters in the community in order to achieve optimal nutritional status among the under -5- children

### 1.2 Goal

To increase accessibility to food and nutrition services in order to improve the nutritional status of under 5 children.

## Part 2: Program Profile

Franciscan Missionary Sisters of Assisi in Ndola Diocese of Zambia is the institution referent in charge of the project. The Project Started in 2016 (April) with support from Liberato Zambia 2001 ONLUS as a funder. The Project is under taken in Luanshya, Ibenga- St Theresa's Mission and surrounding towns.

The Project is designed in community management of nutrition using the approach of Community Management of Acute Malnutrition (CMAM).

### 2.1 Overview

Management of malnutrition remains a challenge more especially in under five children. Therefore, the project has come up with intervention to which is being carried out in 8 Nutrition Centers where local Nurses visit weekly according to the timetable and performing project program. The children received a daily meal in the Nutrition Centers of the Franciscan Sisters in Ibenga, Luanshya and surrounding. During the visit the following activities were conducted, Nutritional assessment of children, Cooking demonstration, Health Education and Counselling.

The Children who are malnourished (underweight compared to the normal growth curve) are treated by administering food supplement with high nutrition value, known as Yola Yoli for a period

of about 2 – 3 months produced on site. Yola Yoli food is administered to the underweight children according to a scheme provided by Liberato Zambia 2001 and following national Zambian guidelines for treatment and management of Malnutrition.

The project does not work in isolation but work with local and nearby clinics and hospitals in order to identify the new cases of malnutrition in under- 5- children. Children identified are referred to the project and those children who need medical attentions also are referred from the project to the hospital to receive clinical care services. We also identify and referee to the hospital the exposed babies who could have been missed during early infant diagnosis (EID) of HIV/ AIDs.

### Part Three: Situation Analysis

*Table 1: Number of Admissions per Centre*

S/N	Name of Centre	Admission	Active	Not Active	Defaulters	D/Rate
1	Fisenge	75	40	11	24	32%
2	St Maximillian	93	44	21	28	30%
3	Butungwa	101	50	24	27	27%
4	Walale	109	70	19	20	18%
5	Chibote	100	80	15	5	5%
6	Kawama	72	40	10	22	31%
7	Theresa (Mazzieri)	80	63	7	10	13%
8	Da Gama					
	<b>Total</b>	<b>630</b>	<b>387</b>	<b>107</b>	<b>136</b>	<b>22%</b>

*Note; Among the Centre's Fisenge had the High Defaulter rate of about 32%, has most of the guardians were reported to have gone to business others looking for domestic employment hence children defaulting. Chibote had a good*

retention of children on the program due to the fact that this Centre is a rehabilitation Centre so most of children are within the Centre.

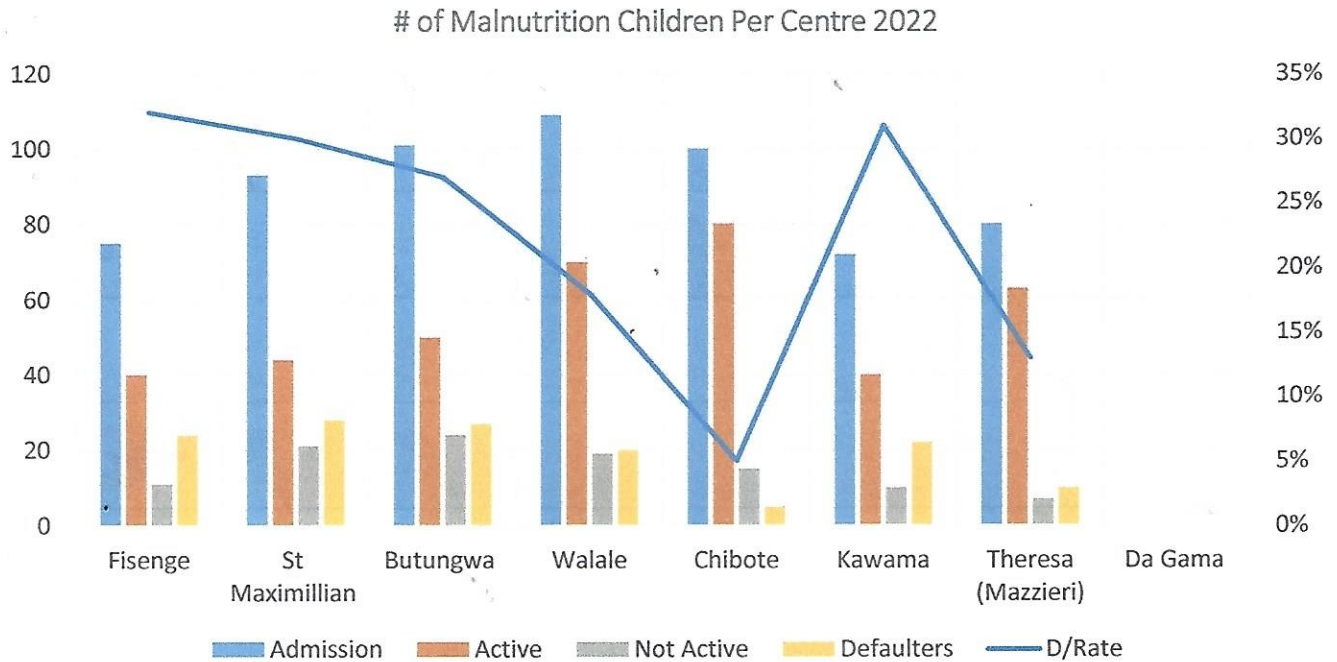


Table ii: Admission and Discharge Report

Age Group	New Admission						Exist Criteria				
	Oedema	MUAC	BMI	Total	M	F	Cured	Deaths	Medical Transfer	Defaulters	Total
6 - 23 M	4	60	0	64	24	40	63	1	0	0	64
24 - 59 M	10	198	0	208	78	130	200	2	0	6	258
<b>Total</b>	<b>14</b>	<b>258</b>	<b>0</b>	<b>272</b>	<b>102</b>	<b>170</b>	<b>263</b>	<b>3</b>	<b>0</b>	<b>6</b>	<b>272</b>

Notes: 272 were new admission to the program. Out of the new admissions in the period under review 97% were cured, mortality rate 1%, while defaulter rate was at 2%. Most of Children were accessed using MUAC 95% of children were accessed using the same and the other 5% were diagnosed from Oedema. 38% admission were males and 62% were female infants



Table iii HIV Status

Age Group	HIV+	HIV -	Number of Exposed Children	On ART
6-23 M	0	0	4	0
24 - 59M	2	0	3	2
5-9 Yrs.	0	0	0	0
10 - 14 Yrs.	0	0	0	0
<b>Total</b>	<b>2</b>	<b>0</b>	<b>7</b>	<b>2</b>

Note: HIV status was not paid much attention or less data was captured.

Table iv: Stock monitoring

Commodity	Unit	Beginning Stock	Stock Received	Issued	Wasted	Stock at end
Yola Yoli	Packets	0	28,150	28,150	0	0

Note: There was consistence supply of Yola Yoli throughout the year. Opening and closing balances is recorded at Dagama.

#### Part Four: Success

Despite Covid – 19 the program recorded some successes listed below

1. Enrolled 272 New cases to the programme
2. 97% Cure rate was recorded for the period under review.
3. Reduced morbidity of malnutrition admission cases of new cases

4. Reduced Mortality rate malnutrition related deaths, only three deaths were recorded due late identification. (1% Malnutrition Mortality Rate)
5. Supply of the Yola Yoli was consistent
6. Managed to conduct Visitations to all the Centers

**Challenges**

1. The numbers went down in most of the Centre's due to Covid-19
2. Some Guardians are too mobile hence making it difficult for children to have consistence contact with the program.
3. Did not pay much attention about the Children HIV Status

**CONCLUSION**

In Conclusion Franciscan Missionary Sisters of Assisi would like to thank Liberato Zambia 2001 on behalf of the Copperbelt region for the continued support in our fight against childhood malnutrition. They have given us a rare opportunity to address the problem of malnutrition in Luanshya/Mpongwe districts and surrounding areas. We remain grateful for their support and collaboration.

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**Nurses for the Grand Project.**

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**Community Animator of St. Theresa Community**

